4. **Tilapia Zilli** (*Ngege kifudu*)

- Breeds very easily
- Feeds on locally available plant materials e.g potato vines, cabbages and yam leaves



Tilapia Zilli (Ngege kifudu)

- Can grow up to 200g in 7-8 months.
- Can grow together with catfish.

SAARI In...
0 DEC 2004
Resource Centre



For more information contact:

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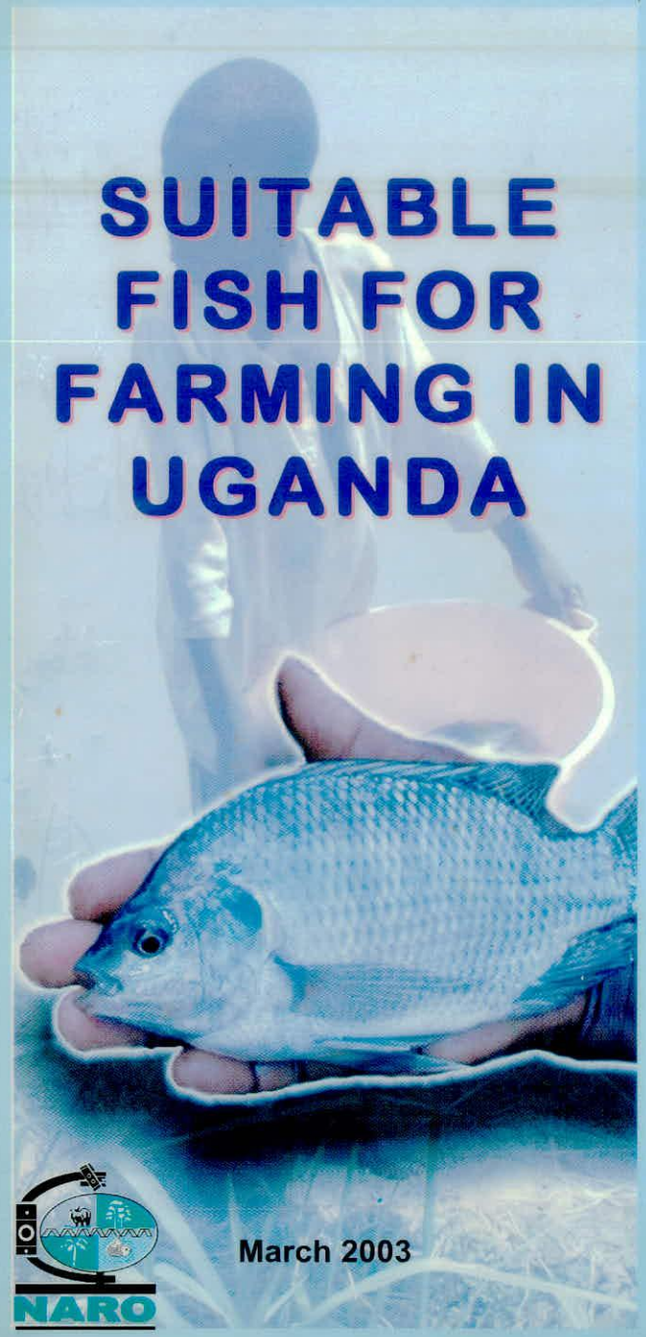
SUITABLE FISH FOR FARMING IN UGANDA



NARO

March 2003

Introduction

There is an increasing demand for fish in the country especially in the rural communities. This is due to the growing export market and the rise of the population.
As an alternative, the demand can be catered for through fish farming. However, farmers lack knowledge of what fish to farm in their ponds.

Objectives:

To promote fish farming in Uganda.

The following are the recommended types of fish for farming in Uganda:

1. **Nile Tilapia** *(Ngege, Kibaati)*
   - It breeds easily in ponds.
   - Tastes good.
   - Grows fast to about 300g in 8 months in hot areas of the country e.g North and some parts of Eastern Uganda.
   - Method of seed production is easily available and inexpensive
   - Can withstand harsh conditions in the pond.
   - Grows well with Mmale and



Nile Tilapia (Ngege, Kibaati)

common carp in the same pond
   - Can be linked with other farming practices such as poultry, where poultry wastes are used to fertilise the fish pond.

2. **Common carp** *(mirror carp)*



Common carp (mirror carp)

   - Grows well in highland areas like South-western Uganda- Bundibugyo, Kabale and Eastern Uganda - Mbale, and Kapchorwa.
   - Grows up to 500g in 8 months.
   - Can be grown together with Ngege.

3. **African Catfish** *(Mmale)*

   - Withstands harsh conditions



African Catfish (Mmale)

in the pond,
   - Tastes good,
   - Can grow up to 500g in a period of 7-8 months,
   - Can grow in both hot and cold areas,
   - Good bait for Nile Perch fishing
   - Controls overpopulation of ngege by eating its young,
   - Grows well with *Ngege*